In partnership with community leaders, the Resilient Children/Resilient Communities Initiative analyzed, recommended and implemented procedures, training, and guidance to help build child-focused community resilience to disasters. The RCRC Toolbox is a dynamic collection of resources developed and curated throughout this initiative for the benefit of those working to make our communities and our children more resilient to disasters. This collection of tools and resources should be shared widely with communities nationwide.

Children and Coronavirus: A Guide for Families and Providers

GUIDE
The COVID-19 pandemic has abruptly altered lives across the globe. This shock has not only disrupted the lives of parents, caregivers, and providers but also of the children in your care. With sudden uncertainty and disruption of routines, a child’s concern with the future of their environment may continue to grow. However, adults can be their greatest buffers to help absorb this shock. This tool was created to provide guidance around physical and emotional health, the use of technology, and communication strategies for families and providers working with children of all ages.


WEBINAR
In response to COVID-19, many organizations have been thrust into response mode developing and implementing continuity of operations policies and procedures on-the-fly. Watch this webinar, recorded on 3/19/2020, to receive a formal introduction to Continuity of Operations Planning (COOP) specifically for child-serving and community-based organizations. The principles presented in this training can be applied to the current environment as well as for your formal planning process.


Helping Children and Caregivers Cope with Disasters

TRAINING
Children cope differently with crises than adults and they need support from caregivers and the community-at-large.
Getting children back to routine is an important element in promoting their healthy recovery. In this training, you will learn how trauma affects children, common reactions to crises, and best practices to facilitate their emotional recovery. Additionally, learn how to support caregivers in their own recovery by identifying types of stress, and stress coping techniques. Resource link: https://rcrctoolbox.org/toolbox/helping-children-caregivers-cope-with-disasters/

Common Stress Reactions Experienced by Children After a Disaster

GUIDE

Whole Community Inclusive Emergency and Disaster Management Webinar

WEBINAR
Marcie Roth, from the World Institute on Disability (WID), delivered a live presentation to the Resilient Children / Resilient Communities Peer Assistance Network (PAN) on 1/30/2020. In this presentation Marcie presents the fundamentals of inclusive planning and why planning for the needs of children with disabilities, access, or functional needs before, during, and after disasters ultimately benefits the entire community and its ability to recover. Resource link: https://rcrctoolbox.org/toolbox/whole-community-inclusive-webinar/


GUIDE
This set of communication guides aims to assist health care providers in communicating with children about the Covid-19 pandemic, reinforcing healthy behaviors among their patients, and supporting caregivers in ensuring the health and well-being of their children at home. The guides consist of age-appropriate communication best practices, evidence-based guiding principles, example statements, and visual resources for children, providers, and caregivers Resource link: https://rcrctoolbox.org/toolbox/covid-19-and-children-a-communication-guide-for-health-care-providers/

ADDITIONAL RESOURCES

For additional information, resources, and support, visit NCDP’s COVID-19 Global Pandemic page. This microsite is designed to support and promote the dissemination of factual, evidence-based, up-to-date stories and information in order to combat widespread misinformation and confusion as well as provide thought leadership and best practices for a variety of audiences.

Access additional COVID-19 resources on child focused topics including:
Talking to Children about COVID-19
Supporting Children’s Emotional and Physical Health
Distance Learning and Staying Active at Home
Child Protection & Gender-based Violence

RCRC Initiative: https://ncdp.columbia.edu/rcrc || RCRC Toolbox: https://rcrctoolbox.org