rcrc toolbox catalog **COVID-19 RESOURCES**

In partnership with community leaders, the Resilient Children/Resilient Communities Initiative analyzed, recommended and implemented procedures, training, and guidance to help build child-focused community resilience to disasters. The RCRCToolbox is a dynamic collection of resources developed and curated throughout this initiative for the benefit of those working to make our communities and our children more resilient to disasters. This collection of tools and resources should be shared widely with communities nationwide.



Child-Serving Organizations

Community Emergency Planners

CHILDCARE Children and Coronavirus: A Guide **COVID-19** for Families and Providers GUIDE

-

FAMILIES MENTAL& BEHAVIORAL SCHOOLS

The COVID-19 pandemic has abruptly HEALTH altered lives across the globe. This RESILIENCE shock has not only disrupted the lives of parents, caregivers, and providers but also of the children in your care.

With sudden uncertainty and disruption of routines, a child's concern with the future of their environment may continue to grow. However, adults can be their greatest buffers to help absorb this shock. This tool was created to provide guidance around physical and emotional health, the use of technology, and communication strategies for families and providers working with children of all ages.

Resource link: https://rcrctoolbox.org/ toolbox/children-coronavirus-a-guide-forfamilies-providers/

MANAGEMENT PUBLIC WEBINAR

Continuity of Operations Planning EMERGENCY (COOP) in a Time of COVID-19

HEALTH In response to COVID-19, many **RESILIENCE** organizations have been thrust into

response mode developing and implementing continuity of operations policies and procedures on-the-fly. Watch this webinar, recorded on 3/19/2020, to receive a formal introduction to **Continuity of Operations Planning**

Individuals & Families Policymakers

(COOP) specifically for child-serving and community-based organizations. The principles presented in this training can be applied to the current environment as well as for your formal planning process **Resource link: https://rcrctoolbox.** org/toolbox/continuity-of-operationsplanning-in-a-time-of-covid-19



BUSINESS Continuity of Operations Plan (COOP) Training Presentation, PLANNING Guide, & Plan Templates TEMPLATE

+

This Continuity of Operations Planning (COOP) training package will help ensure that critical services, organizational functions, and programs remain operational or are restored as soon as possible after a disaster or emergent event. Utilize these tools to help your organization create or update your Continuity of Operations Plan. These materials are geared toward Communitybased Human Service Organizations, and specifically those who serve children Resource link: https://rcrctoolbox.org. toolbox/coop-planning-tools/

MENTAL& BEHAVIORAL HEALTH RESILIENCE

CAREGIVER Helping Children and Caregivers CHILDCARE Cope with Disasters

> TRAINING Children cope differently with crises than adults and they need support from caregivers and the community-at-large.

National Center for Disaster Preparedness Earth Institute | Columbia University

475 Riverside Drive, Suite 401, New York, NY 10115 212.853.NCDP RCRC@COLUMBIA.EDU RCRCTOOLBOX.ORG

cont'd

rcrc toolbox catalog **COVID-19 RESOURCES**

Getting children back to routine is an important element in promoting their healthy recovery. In this training, you will learn how trauma affects children, common reactions to crises, and best practices to facilitate their emotional recovery. Additionally, learn how to support caregivers in their own recovery by identifying types of stress, and stress coping techniques.

Resource link: https://rcrctoolbox.org/ toolbox/helping-children-caregiverscope-with-disasters/

HEALTH

CHILDREN Common Stress Reactions DISASTERS Experienced by Children After a MENTAL & Disaster GUIDE

This quide details common stress reactions experienced by children (1 -18 years) after a disaster and coping strategies to use during their time of trauma.

Resource link: https://rcrctoolbox.org/ toolbox/common-stress-reactionsexperienced-by-children-after-a-disaster/

MANAGEMENT

🍿 🖪 🐻

EMERGENCY Whole Community Inclusive **EMERGENCY** Emergency and Disaster PLANNING Management Webinar WEBINAR

Marcie Roth, from the World Institute on Disability (WID), delivered a live

presentation to the Resilient Children / **Resilient Communities Peer Assistance** Network (PAN) on 1/30/2020. In this presentation Marcie presents the fundamentals of inclusive planning and why planning for the needs of children with disabilities, access, or functional needs before, during, and after disasters ultimately benefits the entire community and its ability to recover. **Resource link: https://**

rcrctoolbox.org/toolbox/ whole-community-inclusive-webinar/

CHILDREN Covid-19 and Children: A **COVID-19** Communication Guide for Health **Care Providers**

GUIDE

This set of communication guides aims to assist health care providers in communicating with children about the Covid-19 pandemic, reinforcing healthy behaviors among their patients, and supporting caregivers in ensuring the health and well-being of their children at home. The guides consist of ageappropriate communication best practices, evidence-based guiding principles, example statements, and visual resources for children, providers, and caregivers Resource link: https://rcrctoolbox. org/toolbox/covid-19-and-children-acommunication-guide-for-health-careproviders/

ADDITIONAL RESOURCES

For additional information, resources, and support, visit NCDP's COVID-19 Global Pandemic page. This microsite is designed to support and promote the dissemination of factual, evidence-based, up-to-date stories and information in order to combat widespread misinformation and confusion as well as provide thought leadership and best practices for a variety of audiences.

Access additional COVID-19 resources on child focused topics including: Talking to Children about COVID-19 Supporting Children's Emotional and Physical Health **Distance Learning and Staying Active at Home Child Protection & Gender-based Violence**

NCDP COVID-19 Resource Center: https://ncdp.columbia.edu/microsite-page/covid-19-global-pandemic RCRC Initiative: https://ncdp.columbia.edu/rcrc || RCRC Toolbox: https://rcrctoolbox.org

National Center for Disaster Preparedness Earth Institute | Columbia University

475 Riverside Drive, Suite 401, New York, NY 10115 212.853.NCDP RCRC@COLUMBIA.EDU RCRCTOOLBOX.ORG