In partnership with community leaders, the Resilient Children/Resilient Communities (RCRC) Initiative analyzes, recommends and implements procedures, training, and guidance to help build child-focused community resilience to disasters. The RCRC Toolbox is a dynamic collection of resources developed and curated throughout this initiative for the benefit of those working to make our communities and our children more resilient to disasters. This collection of tools and resources should be shared widely with communities nationwide.

<table>
<thead>
<tr>
<th>Resource Type: Checklist</th>
<th>Community Emergency Planning</th>
<th>Emergency Shelter</th>
<th>Child-Serving Organizations</th>
<th>Community Emergency Planners</th>
<th>Individuals &amp; Families</th>
<th>Policymakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>RCRC Best Practices Checklist for Emergency Shelters</td>
<td>This document offers best practices for improving disaster preparedness in child-serving institutions by using suggestions and resources to achieve indicators of community resilience. This checklist was created using action items and questions from the Community Preparedness Index (CPI) from Save the Children, and includes recommendations for Child Friendly Spaces in shelters.</td>
<td>Resource link: <a href="https://bit.ly/rc-chk-1">https://bit.ly/rc-chk-1</a></td>
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<tr>
<td>RCRC Best Practices Checklist for the Foster Care Sector</td>
<td>This document offers best practices for improving disaster preparedness in child-serving institutions by using suggestions and resources to achieve indicators of community resilience. This checklist was created using action items and questions from the Community Preparedness Index (CPI) from Save the Children, and contributions from the Resilient Children/Resilient Communities (RCRC) pilot communities.</td>
<td>Resource link: <a href="https://bit.ly/rc-chk-2">https://bit.ly/rc-chk-2</a></td>
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<tr>
<td>Disaster Checklist for Parents</td>
<td>Do you have a plan in place to help ensure your children are safe and secure if a disaster strikes? Use this checklist to help prepare and keep your children safe.</td>
<td>Resource link: <a href="https://bit.ly/stc-chk-1">https://bit.ly/stc-chk-1</a></td>
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<tr>
<td>Disaster Checklist for Childcare Professionals</td>
<td>Childcare professionals are often the first line of response for children in their care. You need to know how to respond quickly and calmly in an emergency. Use this disaster checklist to plan ahead.</td>
<td>Resource link: <a href="https://bit.ly/stc-chk-3">https://bit.ly/stc-chk-3</a></td>
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<td>Resource link: <a href="https://bit.ly/rc-chk-3">https://bit.ly/rc-chk-3</a></td>
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</tbody>
</table>
**What To Ask Your Care Provider About Emergencies**

Do childcare providers have a plan for weather and other disaster-related emergencies? Use this checklist to talk to your child’s care provider or preschool personnel and ask: “How are you prepared to protect children in case of a disaster?”


**A Guide to Children and Emergencies Advocacy: Checklist for a Congressional Visit**

When meeting with legislators and candidates, these tips will help you maximize the impact of your message and make the most of every minute you spend with elected officials and those seeking office.


**Tabletop Exercise Templates**

The purpose of these tabletop exercise templates is to exercise the unique needs of children, including those with special needs, test plans, and communication protocols, and explore intra-sector plans. These templates follow guidelines set by the Federal Emergency Management Agency and the Homeland Security Exercise and Evaluation Program.


**Functional Exercise Templates**

These templates are for the creation of a functional exercise. They follow guidelines set by FEMA and HSEEP, and include: a Functional Exercise Player Handbook Template and a Functional Exercise Player Briefing Template, a Functional Exercise Master Scenario.


**Common Stress Reactions Experienced by Children After a Disaster**

This resource outlines common stress reactions experienced by children (1-18 years) after a disaster and coping strategies to use during their time of trauma.


**Emergency Preparedness Planning Guide for Child Care Centers**

These guidelines were developed for childcare centers and childcare homes in the state of Illinois to help with the development of emergency plans. Tailor these guidelines to meet the needs of your childcare center or childcare home.


**Addressing Access and Functional Needs (AFN) in Schools**

Addressing access and functional needs (AFN) in school and IHE Emergency Operations Plans (EOPs) fact sheet from the US Department of Education REMS Technical Assistance Center.


**How to Plan for Emergencies & Disasters: A Step-by-Step Guide for California Childcare Providers**

A step-by-step guide for CA child care providers developed by the UCSF.
CHILDREN
EMERGENCY PLANNING
EXTREME HEAT
FAMILIES
SCHOOLS

California Childcare Health Program with funding from the California Department of Education.


Child Safety Guidance for Emergency Evacuation Shelters
Simple low- and no-cost improvements to the design and location of emergency evacuation and assistance shelters, and other locations where families congregate before, during and after incidents, can improve the safety and well-being of those who utilize them. This sheet contains best practices that address children’s unique needs and promote child safety and well-being while in temporary locations.


Keeping Kids Cool: Tips for Extreme Heat
Extreme heat events are the leading cause of weather-related deaths in the US. Children are particularly sensitive to the effects of extreme heat and must rely on others to keep them cool and hydrated. These tips are geared toward families, caregivers, and childcare facilities, including camps and other after-school programs.


Prep Rally: Leader Guide and Curriculum
In partnership with the Foundation for Sustainable Parks and Recreation, Save the Children has developed the Prep Rally Camp as a turnkey curriculum to help parks and recreation professionals successfully teach children grades K–5 the basics of emergency preparedness through engaging, interactive content and activities.


Psychological First Aid Training Coordinator Guide
The Psychological First Aid (PFA) Training Coordinator Guide helps coordinate PFA training for agency staff and other public health preparedness and response partners. It assists local public health and healthcare emergency preparedness training coordinators, emergency managers, human resources staff, and other workforce development personnel to develop sustainable policies and practices around PFA training.


A Toolkit for Integrating Menstrual Hygiene Management (MHM) into Humanitarian Response
This toolkit aims to expand the evidence and guidance on menstrual hygiene management (MHM) in emergencies by providing guidance and tools for planning, implementing and monitoring MHM programming. It was the result of an initiative led by the International Rescue Committee (IRC) and Columbia University, supported by Elhra’s Research for Health in Humanitarian Crises.


Children and Coronavirus: Guidance for Families and Providers
The COVID-19 pandemic has abruptly altered lives of children, parents, and caregivers across the globe. This tool was created to provide guidance around children’s physical and emotional health, the use of technology, and communication strategies for families and providers working with children of all ages.

**EMERGENCY PLANNING SCHOOLS**

**FEMA: A Guide to Improving School Natural Hazard Safety**
This guide provides up-to-date, authoritative information and guidance that schools can use to develop a comprehensive strategy for addressing natural hazards. It is intended to be used by administrators, facilities managers, emergency managers, emergency planning committees, and teachers and staff at K through 12 schools. It can also be valuable for state officials, district administrators, school boards, teacher union leaders, and others that play a role in providing safe and disaster-resistant schools for all. Parents, caregivers, and students can also use this guide to learn about ways to advocate for safe schools in their communities.


**RESOURCES TYPE: PRESENTATION**

**Children in a Changing Climate**
Dr. Lori Peek, director of the Natural Hazards Center, delivers the keynote address at the 2016 Arkansas Early Childhood Association annual conference in Little Rock, AR. Dr. Peek focuses on the critical role childcare providers play in a child’s outcome before, during, and after a disaster.


**RESOURCES TYPE: REPORT**

**Children in Disasters: Do Americans Feel Prepared?**
As part of the RCRC Initiative, NCDP designed and deployed a national survey modeled on prior work through the American Preparedness Project, which collected national data on attitudes and opinions on preparedness. This booklet released data that focused on children in disasters.


**Still at Risk: U.S. Children 10 Years After Hurricane Katrina**
U.S. emergency planning did not meet children’s unique needs after Hurricane Katrina. Published ten years after the disaster, this report card looks at progress and gaps in preparedness for children at the state level.


**RCRC TOOLBOX CATALOG**
Full Resource List

**Children of Puerto Rico and COVID-19: At the Crossroads of Poverty and Disaster**

The COVID-19 pandemic will affect this generation’s children for years to come. Long-term health and economic stressors will impact the systems which raise, educate, and nurture children, and threaten to set families back who may already be struggling with the compounding effects of poverty and exposure to previous disasters.

In response to growing concerns, NCDP, in collaboration with the Institute for Youth Development (IDJ) and the Puerto Rico Children and Youth Task Force (CYTF), held a seven-part webinar series titled the “Children of Puerto Rico and COVID-19: At the Crossroads of Poverty and Disaster.” These webinar series proceedings are a summary of the information, and the practical and policy recommendations presented.


**Resilient Children/Resilient Communities Initiative (RCRC) Fact Sheet**

The RCRC Toolbox of resources was developed to support communities looking to build child-focused community resilience. The initiative aims to develop new and adapt existing tools for post-disaster recovery, translate those tools into the Spanish language, and establish a Peer Assistance Network (PAN) to mentor communities seeking to increase their ability to meet the needs of children in disasters.


**Prepare Your Family for an Emergency in 5 Easy Steps**

Is your family prepared for an emergency? Based on NCDP’s 5 Steps to Preparedness model and resources from Save the Children, this simple infographic will help remind you of the simple steps to prepare your household and even your employees.


**Psychological First Aid for Schools: Field Operations Guide**

Psychological First Aid for Schools is an evidence-informed approach for assisting children, adolescents, adults, and families in the aftermath of a school crisis, disaster, or terrorism event.


**Providing Psychosocial Support to Children and Families in the Aftermath of Disasters and Crises**

Disasters have the potential to cause short- and long-term effects on the psychological functioning, emotional adjustment, health, and developmental trajectory of children. This clinical report provides practical suggestions on how to identify common adjustment difficulties in children in the aftermath of a disaster and to promote effective coping strategies.


**Children and Disasters - Top 10 Things to Know**

This resource outlines the top 10 things adults can do for children during disasters.


**Tips for Helping Children After a Disaster or Traumatic Event**

Children and youth can face emotional strains after a traumatic event such as a car crash or violence. These tips will help parents, caregivers, and teachers learn some common reactions, respond in a helpful way, and know when to seek support.

Resources on Behavioral Mental Health for K-12 Schools

This collection contains social, emotional, and behavioral health child-focused resources from the US Department of Education Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center, to help meet the needs of K-12 students and their caregivers across the country after an emergency, as well as information from other federal sources.


Post Disaster Child Care Needs and Resources

The Post-Disaster Child Care Needs and Resources document is designed to address the challenges that families and child care providers may experience following a disaster.


Creating Effective Child- and Family-Focused Disaster Behavioral Health Messages on Social Media

This resource offers guidance to child-serving organizations and professionals who serve communities affected by disaster and terrorism events. This toolkit provides guidance and shares lessons learned from previous incidents, including guidance on developing a social media policy and plan, constructing messages for various disasters and audiences, and modifiable sample messages.


Research Counts: Building Child-Focused Community Resilience

When it comes to building children’s resilience to disaster, communities know what their kid needs best. Learn more about how to make community voices heard on a national level.


RESOURCE TYPE: PLAN TEMPLATE

UCSF School of Nursing: Emergency Plan Library

Forms, templates, worksheets, checklists, and tools developed by the UCSF California Childcare Health Program with funding from the California Department of Education.


Community Resilience Coalition Meeting Template

This resource provides a template agenda to use for community resilience coalition meetings.


Evacuation Plan Template for Child-Serving Organizations

During an emergency, the decision to shelter-in-place or evacuate will be made based on numerous factors. This guide will assist caregivers and planners in making that determination and developing a procedure for carrying out the operation.


Mental Health Resource Mapping Template

By using this simple questionnaire for mental and behavioral health services, a community can begin to understand their baseline capacity to deliver services on a daily basis. A gap analysis can then be conducted to identify how to strengthen response and recovery capacity during and after a disaster.

**rcrc toolbox catalog**

**FULL RESOURCE LIST**

**CHILDREN**

**CHILDCARE**

**EMERGENCY PLANNING**

- **California Child Care Disaster Plan**
  The California Child Care Disaster Plan is an Annex to the State of California Emergency Plan to provide guidance for communication and coordination in the event of a disaster that affects the childcare infrastructure. This plan provides information and resources to support childcare providers, children in their care, and their families.
  

**EMERGENCY PLANNING**

- **Out-of-Home Placement/Foster Care Emergency & Disaster Plan Template**
  This template was created to be the foundation for an active conversation about disaster preparedness between out-of-home placement agencies and designated caregivers. Mutual completion of this template ensures that both parties understand the importance of emergency planning, and offers the caregiver an opportunity to ask clarifying questions and receive the correct emergency information and protocols.


**BUSINESS CONTINUITY**

**CHILDCARE**

**EMERGENCY PLANNING**

- **Continuity of Operations Plan (COOP) Training Presentation, Guide, & Plan Templates**
  This Continuity of Operations Planning (COOP) training package will help ensure that critical services, organizational functions, and programs remain operational or are restored as soon as possible after a disaster or emergent event. Utilize these tools to help your organization create or update your Continuity of Operations Plan.


**CHILDREN**

**EMERGENCY PLANNING**

- **Emergency Planning Template and Assessment Tool for After-School Programs**
  This template is designed to assist a wide variety of after-school programs in developing an emergency or crisis management plan. If your program already has an emergency management plan, utilize this guide to assess the thoroughness and usability of your current plan.


**RESOURCE TYPE: TRAINING**

- **The Preparedness Wizard**
  The preparedness wizard, developed by the National Center for Disaster Preparedness, is a tool to help you and your family make an emergency preparedness plan walking you through the process step-by-step.


- **NCDP’s 5 Action Steps to Preparedness**
  In this interactive presentation you will learn how to approach developing a comprehensive emergency plan based on NCDP’s 5 Steps to Preparedness model.


- **Psychological First Aid Training Manual for Child Practitioners**
  This training manual was developed by Save the Children Denmark for the Child Protection Initiative to facilitate training in psychological first aid with a focus on children. It aims to develop skills and competencies that will help child protection staff reduce the initial distress of children who have recently been exposed to a traumatic event.


- **Prep Rally: Teaching Children the Basics of Preparedness**
  This interactive training is an introduction to Save the Children’s Prep Rally program.

which, through games and activities, is aimed at engaging and educating children about preparedness.


**Emergency Planning for Child-Serving Programs: An Intro to Planning Best Practices**

Join Save the Children’s National Preparedness team in this interactive training for a short introduction to the 9 best practices for facility-level emergency planning, including evacuation, emergency supplies and family reunification. By identifying and implementing these, you can meet and exceed local and state licensing requirements.


**Helping Children and Caregivers Cope with Disaster**

Children cope differently with crises than adults, and getting children back to routine is an important element in promoting their healthy recovery. This training covers how trauma affects children, common reactions to crises, best practices to facilitate their emotional recovery, and how to support caregivers in their own recovery by identifying types of stress and coping techniques.


**Resilient Children/Resilient Communities: Building Community Resilience Coalitions**

As part of the Resilient Children/Resilient Communities Initiative, two pilot communities built Community Resilience Coalitions (CRC). We hear from coalition members who speak to the importance of this initiative and why actions to protect our nation’s children after a disaster are so critical.


**Support After An Emergency, Here for Each Other**

Emergencies can be overwhelming, particularly for young children. Even in the most difficult of circumstances, families can find strength and resilience within their community. This community guide, developed by Sesame Street, for providers and caregivers will provide valuable resources to help foster recovery.


**Emergency Preparation, Let’s Get Ready Song**

Preparing for emergencies is something the whole family and community can do together! Help children remember important information and create a family emergency kit and plan. These steps will go a long way in keeping children safe and secure.


**Resilience: Little Children, Big Challenges**

Young children face new challenges at every age and stage—that’s why it’s so important to help them build the skills they need to become resilient. With self-confidence and the ability to express themselves, little ones will be able to handle whatever may come their way... and will just keep getting stronger.


**National Children’s Resilience Leadership Board (NCRLB): Advice for Communities**

The RCRC Initiative’s National Children’s Resilience Leadership Board (NCRLB) offers insights and advice for the RCRC Pilot Communities as they wrap up year one of a three-year initiative. The pearls of wisdom from a panel of disaster
professionals are applicable to any coalition or community-building effort aimed at planning for and preparing to meet the unique needs of children after a disaster.


**The Importance of Childcare Providers in Disasters: Dr. Lori Peek**

Dr. Lori Peek delivers the keynote address to the Arkansas Early Childhood Association (AECA) 2016 annual conference in Little Rock, AR. Dr. Peek focuses on the critical role childcare providers play in a child’s outcome before, during, and after a disaster. She references her book, co-authored along with Alice Fothergill, “The Children of Katrina” to present real-world examples from Hurricane Katrina.


**Beyond GSK: Resilient Children/Resilient Communities**

In 2015 GSK announced the Resilient Children/Resilient Communities Initiative, a new grant-funded partnership between the National Center for Disaster Preparedness and Save the Children. Together, we aim to protect millions of children in the US by helping communities better understand how they can prepare.


**Evolutions in Emergency Management: Prioritizing Children on the Planning Agenda (Part 1 of 3)**

This emergency management and childcare provider video series highlights 1) the importance of planning for children’s specific and unique needs in an emergency, 2) how this planning gap evolved, and helps us understand the critical nature of bringing emergency management and child-serving institutions to the same table and 3) how RCRC is facilitating new conversations.


**Evolutions in Emergency Management: Partners in Resilience (Part 2 of 3)**

This video series highlights 1) the importance of planning for children’s specific and unique needs in an emergency, 2) how this planning gap evolved and understanding the critical nature of bringing emergency management and child-serving institutions to the same table and 3) how RCRC is facilitating conversations.


**Evolutions in Emergency Management: Maximizing resources through the RCRC Initiative (Part 3 of 3)**

This video series highlights 1) the importance of planning for children’s specific and unique needs in an emergency, 2) how this planning gap evolved, and helps us understand the critical nature of bringing emergency management and child-serving institutions to the same table and 3) how the RCRC Initiative is facilitating new conversations.


**Creating Resilient Communities for Children: The RCRC Initiative**

Through the Resilient Children/Resilient Communities Initiative (RCRC), coalitions in Arkansas and New York worked to meet the unique needs of children in a disaster. See how these coalitions engaged the community leaders, institutions and families to make a lasting impact locally while spreading their passion to others across the country.


**The Prep Step**

Help kids in your family, school or community learn emergency
The Prep Step: Tutorial
Learn how to do “The Prep Step!”
Kids will love the step-by-step dance instructions – AND learn emergency preparedness basics, too. Try it as a family, at school, or during physical activity breaks anywhere!

Building Child-Focused Community Preparedness: RCRC Toolbox Release
The RCRC Toolbox is a dynamic collection of resources developed and curated throughout this initiative to make our communities and our children more resilient to disasters. This webinar walks the viewer through various use cases.

Whole Community Inclusive Emergency and Disaster Management Webinar
The World Institute on Disability’s Marcie Roth delivered a live presentation to the Resilient Children /Resilient Communities Peer Assistance Network (PAN) on 1/30/2020. Marcie presents the fundamentals of inclusive planning and why planning for the needs of children with disabilities, access, or functional needs before, during, and after disasters ultimately benefits the entire community.

Children in Disasters: National Survey Data Release Webinar
As part of the RCRC Initiative, NCPD designed and deployed a national survey collecting data on attitudes and opinions towards preparedness. This webinar released the most recent survey data from 2016 focused on children in disasters. The event included analysis and commentary from experts from NCDP and Save the Children.

In response to COVID-19, many organizations have been thrust into response mode developing and implementing continuity of operations policies and procedures on-the-fly. Watch this webinar, recorded on 3/19/2020, to receive a formal introduction to Continuity of Operations Planning (COOP) specifically for child-serving and community-based organizations. The principles presented in this training can be applied to the current environment as well as for your formal planning process.

The SHOREline Project: Youth Empowerment through Project-Based Learning
This webinar helps the audience to learn more about the SHOREline Project and understand how the youth in a community can contribute to disaster resilience. The webinar is led by Dr. David Abramson of NYU’s College of Global Public Health and Director of the program on Population Impact, Recovery, and Resiliency (PiR2).